

# BREAKFAST

★ ALL DAY ITEMS AVAILABLE

<b>house toast</b> ★ 🌾	6	<b>burrata bruschetta</b> 🌾	14
soy & linseed / sourdough / white / raisin / turkish / gluten free served w/ a side of butter (jam, vegemite or peanut butter +1)		truffled burrata, scrambled eggs, avocado, sea salt & chives on toasted miche sourdough	
<b>homemade date scones</b> ★	8	<b>egg &amp; beef bruschetta</b>	16
served w/ triple berry jam & fresh cream		wagyu beef mince w/ onions & gherkins on sourdough toast, served w/ a poached egg & hashbrowns	
<b>fruit &amp; nut loaf</b> ★	7	<b>avocado &amp; feta smash</b> ★ 🌾	18
toasted & served w/ butter		fresh avocado, feta, poached eggs & pickled onions on sourdough toast	
<b>banana bread</b> ★	6	<b>eggs benedict</b> ★	16
- toasted w/ butter		poached eggs, baby spinach & hollandaise on sourdough toast	
- vanilla mascarpone, crushed honeycomb & orange zest honey	14	<b>bacon &amp; egg burger</b> ★	16
<b>chia bowl</b> 🌾	17	bacon, fried egg, melted cheese, bbq sauce & a hash brown	
chia seeds soaked in turmeric & coconut milk, w/ granola, strawberries, raspberries, blueberries, passionfruit & organic live cultured dairy free coconut yogurt		<b>breakfast burger</b> ★	19
<b>açaí bowl</b> 🌾	21	w/ pork belly, fried egg, red onion, melted cheese, coriander & chilli mayo, served w/ hash browns	
w/ manuka honey, seasonal fruit, chia seeds, crushed almonds, granola & coconut		<b>ham open melt</b> ★ 🌾	12
<b>sourdough pancakes</b> ★	18	ham, cheese & cherry tomatoes on toasted turkish bread (make it gluten free)	
w/ a berry compote, cream, yoghurt, crushed pistachios & rice malt syrup		<b>chicken open melt</b> ★ 🌾	14
<b>triple stack pancakes</b>	16	chicken, cheese, avocado & red onion on toasted turkish bread (make it gluten free)	
w/ maple syrup & fresh fruit (add maple bacon +5   add vanilla gelato +2   add cream +1 )		<b>reuben "hurricane"</b> ★	18
<b>frankie's french toast</b>	14	corn beef, white slaw, spanish onion, pickles, honey mustard, red cheddar & mixed salad on toasted miche sourdough, served w/ chips	
topped w/ caramelised banana, butterscotch sauce & double cream		<b>chorizo hot pot</b> 🌾	21
<b>fruit &amp; ricotta bruschetta</b> ★ 🌾	15	w/ eggs, spinach, shallots, onion & tomato, served w/ sourdough toast	
sourdough toast w/ fresh strawberries, blueberries, ricotta, toasted hazelnuts & pomegranate, drizzled w/ manuka honey		<b>greenhaven breakfast</b> 🌾 🌾	19
<b>brunch bruschetta</b> ★ 🌾	15	2 poached eggs, kale, watercress, asparagus, broccolini, sprouts, avocado, pepita seeds & dried cranberries, sprinkled w/ black sesame seeds (add sourdough +1)	
sourdough toast w/ zaatar, avocado, heirloom tomatoes, chilli labneh, pomegranate, flaked almonds, fresh mint & extra virgin olive oil (add a poached egg +2)		<b>veggo breakfast plate</b> 🌾	18
<b>savoury muffin</b> ★ 🌾	8	2 poached eggs, asparagus, feta, avocado & semi-dried tomato w/ sourdough toast	
spinach, pumpkin, feta, spanish onion & mozzarella		<b>big breakfast plate</b>	26
<b>old northern</b> ★	12	2 fried eggs, bacon, mushrooms, sausage, halloumi, roasted tomato,	
hand crafted chicken stroganoff pie w/ potato mash & gravy			

## ADD YOUR EXTRAS

<b>egg</b>	2	<b>halloumi</b>	4
<b>hash brown</b>	2	<b>bacon</b>	4
<b>grilled tomato</b>	2	<b>chorizo</b>	4
<b>semi-dried tomato</b>	2	<b>pork belly</b>	4
<b>mushrooms</b>	3	<b>smoked salmon</b>	4
<b>baby spinach</b>	3	<b>avocado</b>	4
<b>hollandaise sauce</b>	3	<b>feta</b>	4



AVAILABLE ALL DAY



REQUEST GLUTEN FREE OPTION



VEGETARIAN DISH

All care is taken, however trace amounts of ingredients may be present. If you suffer from a food allergy or intolerance please let us know upon placing your order.

Fish may contain small bones.

PLEASE NOTE: A 10% SURCHARGE APPLIES ON SUNDAYS & PUBLIC HOLIDAYS.

# starters, sides 'n salads

SERVED FROM 11:30AM

<b>garlic bread</b>	6
on sourdough toast	
<b>cheesy loaded fries</b> ★	10
w/ bacon, onion & melted cheddar	
<b>frankie's fries</b> ★ @	7
served w/ tomato sauce	
<b>sweet potato fries &amp; feta</b> ★ @	12
sweet potato fries sprinkled w/ feta & sumac	
<b>kale &amp; salame crisps</b>	15
crispy pepperoni & kale w/ hummus & jalapeños	
<b>camembert melts</b> @	15
fried camembert triangles w/ cranberry dipping sauce	
<b>classic nachos</b>	18
w/ homemade chilli con carne, jalapeños, melted cheese, sour cream, guacamole, tomato salsa & shallots	
<b>calamari fritti</b>	15
tossed w/ zucchini fries, served w/ aioli, shallots & fresh chilli	
<b>prawn chipsu</b>	19
battered crispy prawns, served w/ chilli lime mayo dip	
<b>poppin' lobster</b>	22
tempura lobster served w/ sumac, chives & frankie's special sauce	
<b>chicken salad</b>	21
marinated chicken, sunflower seeds, spanish onions, pea sprouts, pickled turnips, persian feta, roasted almonds, grilled carrots, quinoa & linseeds	
<b>orange &amp; salmon salad</b> @	22
grilled atlantic salmon, fennel, red onion, orange pieces, parsley, mint, pomegranate & roasted almonds w/ a greek yoghurt & dill dressing	
<b>prosciutto &amp; ricotta salad</b> @	21
watermelon, heirloom tomatoes, honey dew, chickpeas, watercress, prosciutto & ricotta, w/ basil & sumac	
<b>halloumi quinoa salad</b> @ @	18
halloumi, quinoa, spanish onion, roasted cauliflower, spinach, avocado, brown rice & sunflower seeds	

# KIDS MEALS

SERVED ALL DAY

<b>fresh fruit plate</b> @	13
w/ seasonal fruit & yoghurt	
<b>pancake sliders</b>	11
mini pancakes w/ fresh strawberries, banana & nutella (add vanilla gelato +2)	
<b>scrambled eggs</b> @	8
served w/ toast & tomato sauce (add bacon +4)	
<b>grilled cheesy</b> @	8
melted cheese toastie, served w/ hash browns	
<b>schnitzel strips</b>	13
crumbed chicken breast served w/ fries & tomato sauce	
<b>fish 'n chips</b>	13
battered flathead fillet served w/ fries & tomato sauce	
<b>mac 'n cheese</b> @	11
macaroni w/ cream, mozzarella & parmesan	
<b>mini cheeseburger</b>	12
served w/ fries & tomato sauce	
<b>nuggets 'n chips</b>	13
chicken nuggets served w/ fries & tomato sauce	
<b>ribs 'n chips</b>	13
marinated bbq pork ribs served w/ fries & bbq sauce	
<b>poppin' fairy bread</b> @ @	6
fresh white bread w/ 100s & 1000s & popping candy (make it gluten free)	
<b>kids vanilla soft serve gelato (cup or cone)</b>	4
<b>add toppings</b>	0.5
- flake	
- mnm's	
- gummy bears	
- 100s & 1000s	
- oreos	
- coconut	
- marshmallows	



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# LUNCH MEALS

SERVED FROM 11:30AM

<b>pulled pork sliders (3)</b> slow cooked bbq pork w/ homemade slaw, served w/ fries	18	<b>pachino pasta</b>   spaghetti w/ extra virgin olive oil, heirloom tomatoes, basil, garlic & chilli (gluten free penne +2   add prawns +7)	17
<b>tacos</b> <b>prawn taco</b> (2) battered prawns, red cabbage, onion & shallots w/ lime chilli mayo	16	<b>black squid ink pasta</b> prawns, vongole, spicy calabrian 'nduja salame & confit cherry tomatoes, w/ black squid ink pasta	24
<b>chicken taco</b> (2) cornflake fried chicken, cabbage, spring onion, mayo & sesame dressing	15	<b>frankie's fresh pasta</b>  fettuccine w/ prawns, basil, garlic, mushrooms & chilli in a white sauce (gluten free penne +2)	24
<b>chicken wrappy</b>  frankie's special marinated chicken w/ melted cheese, onion, avocado, lettuce, tomato & chilli mayo, served w/ fries (gluten free power wrap +3)	19	<b>penne crab</b>  penne w/ fresh blue swimmer crab meat in a beurre blanc sauce, w/ chives (gluten free penne +2)	24
<b>falafel wrap</b>  w/ pickles, tomato, red onion, pickled turnips, pickled green chilli & tahini, served w/ fries (gluten free power wrap +3)	18	<b>mushroom &amp; leek risotto</b>   mushroom, leek, truffle, onions & parmesan w/ a touch of cream & crispy parsley	20
<b>shawarma wrap</b>  garlic marinated beef w/ caramelised onion, cheese, tomato, lettuce & tahini chilli sauce, served w/ fries (gluten free power wrap +3)	19	<b>rice 'n spice</b> crispy saffron rice w/ calabrian 'nduja salame, fried eggs sunny side up, crispy kale & shallots	16
<b>snapper burger</b> tempura batter snapper, fennel slaw, watercress & tartare sauce, served w/ fries (note: snapper may contain small bones)	24	<b>snapper fillets</b> grilled snapper fillets served w/ a parsley, mint, caper, dill & raddish salad, & sweet potato fries (note: snapper may contain small bones)	29
<b>chicken burger</b> crispy chicken fillet w/ tomato, butter lettuce, cheese, red onion, fries & harissa mayo, served w/ fries	22	<b>frankie's fish</b> lightly fried flathead fillet served w/ a parsley, mint, caper, dill & raddish salad, fries & tartare sauce	28
<b>frankie's cheeseburger (single or double patty)</b> 21 / 29 wagyu beef burger w/ melted cheese, pickles, onion, tomato sauce & american mustard, served w/ fries (add bacon +2)		<b>atlantic salmon</b> grilled, herb crusted atlantic salmon served w/ a chickpea & avocado salsa & coconut rice	28
<b>schnitz 'n chips</b> crumbed chicken served w/ fries & mushroom sauce	22		
<b>baby back ribs</b> american style pork ribs basted w/ smokey bbq sauce, served w/ fries	28		
<b>bbq lamb skewer</b> w/ capsicum & onion, served w/ hummus, naan bread & fries	28		



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#FRANKIESFOODFACTORY



/FRANKIESFOODFACTORY

# DESSERT

SERVED ALL DAY

## caramel brownie sundae

vanilla gelato w/ chocolate brownie, topped w/ salted caramel popcorn

14

## cookies 'n cream churros

cookies & cream churros made w/ oreo cookies & filled w/ oreo icing cream, topped w/ a sugar crumb, served w/ white chocolate dipping sauce

16

## dessert burger & fries

hand rolled churro pastry buns filled w/ pistachio, persian cotton candy, fresh strawberries, nutella & lolly snakes, served w/ donut fries

18

## double stack banana pancakes

caramelised bananas w/ butterscotch & white chocolate sauce, served w/ vanilla gelato & peanut brittle flakes

17

## donut fries

donut french fries, served w/ belgian chocolate dipping sauce

13

## fried oreo stacks

battered & deep fried oreos dusted w/ icing sugar & served w/ vanilla gelato

14

## mocha affogato

vanilla gelato & tempered belgian milk chocolate, served w/ a shot of espresso coffee & milk chocolate shavings (add frangelico +7)

12

## nutella crepes

served w/ strawberries, banana, white chocolate sauce & vanilla gelato

15

## salted caramel pretzel

soft pretzel filled w/ thick salted caramel, w/ crunchy caramel sugar salt, served w/ vanilla gelato & milk chocolate sauce

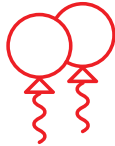
14

## willie's waffle

a warm belgian waffle served w/ bananas, strawberries & blueberries, w/ belgian chocolate sauce & vanilla gelato

16

**\*Please see our display for a further variety of cakes**



## BOOK YOUR EVENT AT FRANKIE'S

Frankie's is the perfect space for your next get-together, brunch date, special occasion or kids play date. Ask our friendly staff about our set menu packages & let's get planning! We even have a special menu for the little ones!

VIEW MENU: [FRANKIESFOODFACTORY.COM](http://FRANKIESFOODFACTORY.COM)

BOOK: 1 800 FRANKIES | (02) 9899 2299



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# SOMETHING HOT

<b>espresso</b>	4	<b>organic tea</b>	4.5
<b>macchiato</b>	4	earl grey	
<b>piccolo</b>	4	camomile	
<b>latte</b>	4 / 5	english breakfast	
<b>flat white</b>	4 / 5	peppermint leaf	
<b>cappuccino</b>	4 / 5	green	
<b>long black</b>	4 / 5	<b>belgian hot chocolate</b>	5 / 6
<b>mocha</b>	4 / 5	served w/ marshmallows	
<b>chai latte</b>	4 / 5	<b>nutella hot chocolate</b>	6
<b>tumeric chai latte</b>	5 / 6	served w/ whipped cream & marshmallows	
<b>earl grey latte</b>	5 / 6	<b>flamingo hot chocolate</b>	6
<b>vanilla matcha latte</b>	5 / 6	served w/ whipped cream, marshmallows & sprinkles	



CHECK OUT OUR FRESH

## CAKES & PASTRIES

IN THE DISPLAY AT THE COUNTER

### EXTRAS

<b>decaf</b>	
<b>soy milk</b>	
<b>almond milk</b>	
<b>extra shot</b>	
<b>flavoured syrups</b>	
vanilla / caramel / hazelnut	

# SOMETHING COLD

<b>milkshakes</b>	5 / 6	<b>fresh lemonade</b>	6
chocolate		served w/ fresh mint	
strawberry		<b>rose vanilla lemonade</b>	6
caramel		<b>fresh coconut water</b>	8
vanilla		whole fresh coconut	
banana		<b>organic kombucha</b>	6
nutella		<b>soft drinks</b>	5
coffee		coke	
(add malt +1   make thickshake +3)		coke no sugar	
<b>loaded milkshakes</b>	14	diet coke	
vanilla oreo smash		sprite	
nuts 4 nutella		lift	
salted caramel craze		fanta	
peanut butter honeycomb		lemon, lime & bitters	
<b>kids loaded milkshakes</b>	10	ginger beer	
cheeky chocolate		<b>iced tea</b>	6
strawberry surprise		peach / lemon	
vanilla slice		<b>sparkling juice</b>	5
crazy caramel		appletiser / grapetiser	
<b>iced drinks</b>	7	<b>italian sodas</b>	5
coffee / chocolate / mocha		limonata / chinotto / aranciata	
<b>fruit smoothies</b>	8	<b>still/sparkling water</b>	
mixed berry		apani premium australian 250ml	4
banana		apani premium australian 500ml	6
mango		<b>kids apple/orange juice</b>	3.5
strawberry		<b>fruit mocktails</b>	8
<b>spiders</b>	7	- strawberry, mango & lemon	
your choice of soft drink served w/ vanilla gelato		- lychee, watermelon & rose	
<b>slushies</b>	7	- peach, lemon & blueberry	
watermelon & lyche / lemon & mint			
(add vodka +6)			

# freshly squeezed juice

MADE FRESH DAILY



**tropikale**  
celery, kale, pineapple & kiwi

8



**those melons**  
watermelon, rockmelon, strawberry, mint & green apple

8



**beets**  
beetroot, apple, carrot & lemon juice

8



**carrot ginger**  
carrot, apple & ginger

8



**passion**  
coconut water, banana, mango, orange & passionfruit

8



**orange**  
fresh orange juice

8



**just fruits**  
orange, pineapple, watermelon & lime

8



**immune booster**  
orange, apple, lemon & ginger

8



**pineapple**  
fresh pineapple juice

8

# alcoholic drinks

<b>cider</b>	8
sommersby apple	
<b>beer</b>	
asahi dry	9
cricketers arm pale ale	9
peroni	9
<b>sangria 1ltr</b>	18
white or red w/ fresh fruit	
<b>sparkling &amp; champagne</b>	
craig moor sparkling rosé nv 200ml	8
la gioiosa prosecco	8 / 29
<b>wines (glass/bottle)</b>	
2016 Fantini Series Italy Pinot Grigio	9 / 34
2015 Lawson's Dry Hills Marlborough NZ Sav Blanc	12 / 47
2015 Farnese Italy Rosé	8 / 27
2016 Star Bay SA Pinot Noir	8 / 25
2015 Silver Barossa Shiraz	11 / 40

SERVICE OF ALCOHOL WILL BE IN ACCORDANCE WITH THE NEW SOUTH WALES RSA LEGISLATION